



# Café Notso

## *What is Café Notso?*

Café Notso is a relaxed café style discussion group for 11 to 16+ year olds, who actively participate in it. We always start with a topic, backed by reading & other material, but this quite often widens considerably or veers off completely! The group meets once a month (on the 4th Sunday) during the roam service.

## *How much time is involved?*

There is a certain amount of preparation time, and then the meetings on the 4th Sunday. Any 'extra help' would not have to come along every month, but provide back-up if one of us can't make it (e.g. my son Adam has a big match!). As with all activities involving young people these days we must have 2 adults present. If we managed to find 2 extra people they may feel that they could provide continuity at the times when we are on holiday!

## *What is worthwhile or enjoyable about this activity?*

It's all positive & enjoyable! We find it truly remarkable, if the discussion really gets going, how deeply the group feel about various topics and (most of the time!) how positive they are.

## *Are there any particular skills or abilities that are helpful for volunteers to have?*

Willingness to discuss virtually anything (within the bounds of reasonableness of course...); an ability to lead and steer the discussion; flexibility & patience!

## *Is any training available if I would like to be involved?*

We wouldn't presume to be able to offer formal training, but anyone interested is very welcome to come along on any 4th Sunday, join in & see if they would like to come again.

## Refreshers Sunday



*Who should I contact to find out more or to become involved?*

Please contact **Rosemary and Richard Davies-Knight**; 01892 525262.

[rrga@davies-knight.wanadoo.co.uk](mailto:rrga@davies-knight.wanadoo.co.uk)