



Monthly Breakfasts

What are the monthly breakfasts?

The breakfasts take place on the first Sunday of the month at 9am, before the Family Service. All are welcome

Helpers are responsible for buying the food (croissants, juice etc.) and setting up the Hall before hand. They prepare and serve the food and tidy up afterwards.

How much time is involved?

Monthly, but perhaps less often for each helper if more people become involved!

What is worthwhile or enjoyable about this activity?

It is great fun to facilitate an enjoyable occasion for those attending, and to enable people to get to know each other better.

Are there any particular skills or abilities that are helpful for volunteers to have?

Well, it helps if people have a degree of initiative and the ability to cope with a little pressure and remain cheerful!

Is any training available if I would like to be involved?

Yes, very much so.

Who should I contact to find out more or to become involved?

Please contact Marian Sowter; 01892 602609,
mariansowter@blueyonder.co.uk

Refreshers Sunday

